

BARTON CAMP

RISK ASSESSMENT: OUTDOOR GAMES AND ACTIVITIES

Assessment to be agreed and signed for by: Position: Date:

What activity or environment is being assessed?	What hazards are present or may be generated?	Who is affected or exposed to the hazards?	What degree of injury can be reasonably expected?	What precautions are already in place to either eliminate or reduce the risk of an accident happening?	The probability of an accident	Risk Rating
Football. (On Grass)	Strains, Sprains, pulled muscles, bruises, cuts and knocks.	Pupils, staff and helpers	Minor Injury	<ul style="list-style-type: none"> • The grassed area should be inspected for dangerous objects such as broken glass or cans. These should be removed before play begins. • Portable goal posts should be stabilised during play to prevent them falling over when contacted • Cricket stumps or stakes should not be used as impromptu goal posts; plastic marker cones are suitable for this purpose • It is advisable that all players wear shin pads if studded boots are worn, nylon and metal studs should conform to size regulations. • If the grass is wet, to avoid slipping and loss of control, play should not take place • Staff to use intervention and advice to promote safe play. • Staff ensure that pupils are warmed up before activity begins • Pupils wear appropriate clothing for the session • All jewellery and watches are removed before session begins • Appropriate footwear for the activity should be worn 	Possible	Low Risk
Basketball.	Strains, Sprains, pulled muscles, bruises, cuts and knocks.	Pupils, staff and helpers	Minor Injury	<ul style="list-style-type: none"> • When posts and backboards are erected out of doors, it is recommended that they are permanently fixed into the ground • The perimeter of the playing area should be free from other equipment and any possible danger for at least a metre • Basketballs should not be over-inflated. They should be regularly inspected for damage. Damaged balls should be removed from use • Clothing and "bibs" should be relatively close fitting • Loose hair should be tied back • Appropriate footwear for the activity should be worn 	Possible	Low Risk
All Sports activities	First Aid cover, dehydration and clothing	As above	Serious/minor injury	<ul style="list-style-type: none"> • Lead adult ensures that the appropriate clothing is worn to take into account hot, windy, wet and cold conditions. • During hot weather, drinks are available to reduce the risk of dehydration. • A First Aid box is always available to treat minor injuries 	Unlikely	Low Risk

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Continuation sheet 1

Target Games.	Pulled muscles, strains and sprains	As above	Minor Injury	<ul style="list-style-type: none"> • Pupils should not attempt to throw or catch anything that is beyond their capabilities. • Horseplay and dangerous play should be discouraged; anyone exhibiting dangerous play should not participate in the activity. • Only the target in the game should be where the activity target rings, hoops or balls etc should be directed too • Pupils should be supervised during the activity 	Improbable	Low Risk
Games (Generic)	Strains, Sprains, pulled muscles, bruises, cuts and knocks. Dehydration and exposure to the Sun.	As above	Minor Injury	<ul style="list-style-type: none"> • Play equipment should be annually inspected by a specialist contractor in accordance with the APE (Association of Physical Education – formerly BAALPE) guide “Safe Practice in Physical Education and School Sport” (where appropriate) • Activity leader should access the APE publication “Safe Practice in Physical Education and School Sport” for further guidance. • Excessive running or jogging on hard surfaces is to be avoided • Staff are aware of pupils with special needs (Asthma & diabetes etc • Pupils are assessed before each activity to ensure that they are competent to participate • Pupils are given instructions as to what the activity is and how to take part • During the lesson, staff supervise all of the time and children are never left unintended • Toilet/Welfare facilities must be made known to the pupils, helpers and visitors associated with the activity • All emergency procedures, fire drill etc must be known by the supervising adults associated with the activity • Sunburn is a possibility during hot weather. Parents/carers should supply Sun Bloc/Cream to their own children so sun protection can be administered by children themselves or by staff if consent is given by parents/carers. • If Sun bloc isn’t available, long sleeves and hats should be worn to help minimise the risk of exposure to the Sun • Over zealous play should be discouraged as should bullying by children to others taking part in the activity. • After each physical activity, participants should be allowed to warm down. • Supervising staff should take into account dull light conditions when playing target games, ball games and field activities etc. 	Possible	Low Risk
Written by Geoff Dowle. Date of assessment: February 2nd 2007. Date reviewed: February 20th 2008. Next review due: February 2010						